

# General Pool Rules

1. No swinging on rope/lane markers or climbing/hanging on features.
2. No diving backwards or back flips off diving board. You must jump straight forward off the end of the board.
3. No hanging on the walls of the lazy river or the vortex.
4. No spinning down the slide. You must go down on your back, feet first, with your hands crossed across your chest the whole way.
5. No hanging on head, neck or shoulders of other patrons.
6. To use the lap lanes patrons must be 18 years of age or older or have a lap card.
7. Absolutely no running at any time in the pool area or pool terrace.
8. Fighting, wrestling, horseplay, pushing, punching, kicking and any like activities are not allowed at the Ford Community and Performing Arts Center and may result in ejection from the Center and possible suspension of member privileges.
9. Inflatables and pool toys are not allowed in the pool area.
10. Swim lesson toys and inflatables are for swim lessons, special events and instructors only.
11. Children under age 10 require supervision by a responsible adult at all times. The adult must accompany the child at all times including in the water.
12. Food and drinks are not allowed in the pool area or on the pool terrace (except water).
13. Goggles are permitted in the pool but must only cover the eyes and not cover the nose. Goggles are not permitted on the diving board or on the slide.
14. Fins and snorkels are only allowed with aquatic administration approval.
15. Swearing will not be tolerated.
16. Swimmers must wear appropriate swim attire to use the pool. Please refer to the apparel policy.
17. Use of tobacco, alcohol, vapes, and/or illegal substances is not permitted at any time.
18. No street shoes are allowed on the pool deck as it is a state law. Shoes that are specifically for pool deck use are allowed.
19. Obey pool staff at ALL times.
20. Only U.S. Coast Guard approved lifejackets are allowed.