



MENTAL HEALTH & BEHAVIORAL HEALTH ADVOCACY & SUPPORT RESOURCES

[Suicide Prevention: Michigan-Based Organizations](#) | [National Organizations](#)

KEVIN'S SONG: PREVENTING SUICIDE & PROMOTING HEALING

Kevin's Song is a Michigan-based charitable organization dedicated to generating public awareness about the causes of suicide, its prevalence in today's society, and possible preventive measures. The organization provides resources for suicide, mental health, healing, survivors of suicide loss groups, and therapists located in Michigan, and across the world.

For more information, [call 313-236-7109](tel:313-236-7109) or visit KevinsSong.org.

MICHIGAN ASSOCIATION FOR SUICIDE PREVENTION: ORGANIZING FOR AWARENESS

The Michigan Association for Suicide Prevention (MASP) promotes education, training, research, and community awareness to prevent suicide. MASP is connected with the National Suicide & Crisis Lifeline, 988.

For more information, visit MyMASP.org.

SUICIDE.ORG: DATABASE FOR SUICIDE PREVENTION & CRISIS SUPPORT RESOURCES

Suicide.org includes a list of suicide hotlines and crisis services throughout the state of Michigan as well as other helpful information on suicide.

For more information, visit Suicide.org.



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THE NATIONAL ALLIANCE ON MENTAL ILLNESS - MI CHAPTER: HELPING PEOPLE & THEIR LOVED ONES LIVING WITH MENTAL HEALTH CONDITIONS

The Michigan Chapter of the National Alliance on Mental Illness (NAMI) is the local branch of a national organization dedicated to improving the lives of persons living with serious mental illness and their families.

For more information, visit [NAMIMI.org](https://www.namimi.org) or [call 517-485-4049](tel:517-485-4049).

DEPRESSION & BIPOLAR SUPPORT ALLIANCE: 24/7 SUPPORT FOR THOSE IN NEED

Depression and Bipolar Support Alliance (DBSA) is a leading national organization focusing on mood disorders including depression and bipolar disorder. DBSA offers peer-based, wellness-oriented support and empowering services and resources available where, when, and how those living with depression and bipolar disorder need to receive them, 24 hours a day, 7 days a week.

Receive care and learn more online at [DBSAAlliance.org](https://www.DBSAAlliance.org) or [call 1-800-826-3632](tel:1-800-826-3632).

SCHIZOPHRENIA & PSYCHOSIS ACTION ALLIANCE: SUPPORT GROUPS & RESOURCES FOR THOSE LIVING WITH SCHIZOPHRENIA AND THEIR LOVED ONES

Schizophrenia & Psychosis Action Alliance of America supports individuals with schizophrenia or psychosis and their loved ones by offering a support group locator and free extensive toolkits for those who have recently been diagnosed with schizophrenia, psychosis, or similar conditions, and their caregivers.

For help and more information, [call the helpline at 240-423-9432](tel:240-423-9432) or visit [SCZAction.org](https://www.SCZAction.org).



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INTERNATIONAL OCD FOUNDATION: HELPING INDIVIDUALS WITH OBSESSIVE-COMPULSIVE DISORDER (OCD)

The International OCD Foundation is a dedicated resource for individuals with obsessive-compulsive disorder. The group has a wealth of articles about how to live well with OCD and provides a search tool for locating local therapists specializing in care for those with OCD.

For more information, visit [OCDF.org](https://www.ocdf.org) or call 617-973-5801.