

## **INDOOR LAP & LEISURE POOL SCHEDULE**

The Ford Community & Performing Arts Center (15801 Michigan Ave) indoor pool contains a lap pool and a leisure pool with a zero-depth pool, lazy river, water slides, and a whirlpool spa. Both pools are open daily.

	CATEGORY	POOL & LANES	TIMES
	Lap Swim	Lap Pool - 6 lap lanes	9 a.m 12:55 p.m.
SUNDAY	River Walk	Leisure Pool – Lazy River	9 a.m 1 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	1 - 5 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
MONDAY	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:55 p.m.



	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	6 - 8 p.m.
MONDAY	Lap Swim	Lap Pool - 6 lap lanes	8 a.m 8:30 p.m.
	River Walk	Leisure Pool – Lazy River	8 - 8:30 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
TUESDAY	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:25 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	6:30 - 8 p.m.



TUESDAY	Water Exercise	Lap Pool 2-3 lanes for class 2 lanes for lap swim 1 lane for lessons	5:30 - 6:30 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
WEDNESDAY	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:55 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	6 - 8 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.



WEDNESDAY	River Walk	Leisure Pool – Lazy River	8 - 8:30 p.m.
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	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5 p.m.
	Water Exercise	Lap Pool	9 - 11:15 a.m.
THURSDAY	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:25 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	6:30 - 8 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.
	Water Exercise	Lap Pool 2-3 lanes for class 2 lanes for lap swim 1 lane for lessons	5:30 - 6:30 p.m.



THURSDAY	River Walk	Leisure Pool – Lazy River	8 - 8:30 p.m.
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	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
	Water Exercise	Lap Pool	9 - 11:15 a.m.
FRIDAY	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:55 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	6 - 8 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.
	River Walk	Leisure Pool – Lazy River	8 - 8:30 p.m.



	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	8 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	8 a.m 12:55 p.m.
	Swim Lessons	Lap Pool 1-2 lanes	9 - 11:45 a.m. 11:15 - 11:45 a.m.
SATURDAY	Water Exercise	Lap Pool 2-3 lanes for class 2-3 lanes for lap swim	10 a.m 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:45 a.m 12:55 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	1 – 5 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	5:10 - 6 p.m.
	River Walk	Leisure Pool – Lazy River	5 – 6 p.m.