

INDOOR LAP & LEISURE POOL SCHEDULE

The Ford Community & Performing Arts Center (15801 Michigan Ave) indoor pool contains a lap pool and a leisure pool with a zero-depth pool, lazy river, water slides, and a whirlpool spa. Both pools are open daily.

	CATEGORY	POOL & LANES	TIMES
	Lap Swim	Lap Pool - 6 lap lanes	8 - 11:55 a.m.
SUNDAY	River Walk	Leisure Pool – Lazy River	8 a.m 12 p.m.
	Open Family Swim	Leisure Pool	12 - 4 p.m.

	CATEGORY	LANES	TIMES
MONDAY	Early Bird Lap Swim	Lap Lap -6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 8:30 p.m.



MONDAY	Open Family Swim	Leisure Pool	6 - 8 p.m.
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	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	Lap Pool- 6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
TUESDAY	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:25 p.m.
	Water Exercise	Lap Pool 2-3 lanes for class 2 lanes for lap swim 1 lane for lessons	5:30 - 6:30 p.m.
	Open Family Swim	Leisure Pool	6 - 8 p.m.
	Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.



	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
WEDNESDAY	Water Exercise	Lap Pool	9 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 8:30 p.m.
	Open Family Swim	Leisure Pool	6 - 8 p.m.
	River Walk	Leisure Pool – Lazy River	8 - 8:30 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	Lap Pool - 6 lap lanes	5:45 - 8:55 a.m.
THURSDAY	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.



Water Exercise	Lap Pool	9 - 11:15 a.m.
Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 5:25 p.m.
Water Exercise	Lap Pool 2-3 lanes for class 2 lanes for lap swim 1 lane for lessons	5:30 - 6:30 p.m.
Open Family Swim	Leisure Pool	6 – 8 p.m.
Lap Swim	Lap Pool - 6 lap lanes	8 - 8:30 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	5:45 - 8:55 a.m.
FDIDAY	River Walk	Leisure Pool – Lazy River	5:45 a.m 5:55 p.m.
FRIDAY	Water Exercise	Lap Pool	9 - 11:15 a.m.



Lap Swim	Lap Pool - 6 lap lanes	11:20 a.m 8:30 p.m.
Open Family Swim	Leisure Pool	6 - 8 p.m.

	CATEGORY	LANES	TIMES
	Early Bird Lap Swim	6 lap lanes	8 - 8:55 a.m.
	River Walk	Leisure Pool – Lazy River	8 a.m 12:55 p.m.
	Swim Lessons	Lap Pool 2 lanes	9 - 11:45 a.m.
SATURDAY	Water Exercise	Lap Pool 2-3 lanes for class 1 lane for lap swim	10 - 11:15 a.m.
	Lap Swim	Lap Pool - 6 lap lanes	11:45 a.m 12:55 p.m.
	Open Family Swim	Lap & Leisure Pools 3 lanes for open swim 3 lanes for lap swim	1 – 5 p.m.



Lap Swim	Lap Pool - 6 lap lanes	5:10 - 6 p.m.
River Walk	Leisure Pool – Lazy River	5 - 6 p.m.